

I Am Grand



A Turaan World Adventure

by Jawad Yousofi



THIS BOOK IS FOR

my son, Turaan



You are big. You are brave.

You are kind, and you are loved.

**Wherever your world adventures take you,
always remember...**

you are GRAND.



With all my love, Baba





This is Turaan.

This morning, Turaan feels very, very little.

DO IT!

Can you make yourself as small as a mouse? Curl up tiny!



"Am I big?" asks Turaan.

"Am I grand?"

DO IT!

Shrug your shoulders. Say it with Turaan: "Am I graaand?"



**Mama smiles. "Turaan," she says,
"spread your arms WIDE!"**

DO IT!

Spread your arms as WIDE as you can! Whoosh!



"When I am this big," says Turaan,

"I AM GRAND!"

DO IT!

Arms wide, big voice. Everyone shout: "I am GRAND!"



Turaan puts his hand on his chest.

Thump, thump, thump.

"My heart is grand too!"

DO IT!

Put your hand on your heart. Can you feel it? Thump, thump!



**Turaan zooms out the door.
The world is SO big, and it is waiting!**

DO IT!

Run in place as fast as you can! Zoom, zoom, zoom!



Turaan helps his friend. He shares his toy.
"Being kind is grand!"

DO IT!

Give the person next to you a great big wave hello!



**The rock looks SO tall. Turaan takes a big breath...
and climbs! "Being brave is grand!"**

DO IT!

Take one big, slow breath in... and let it out. Soooo brave!



Oops! Turaan tumbles down. Bump!
He gets right back up.
"Trying again is grand!"

DO IT!

Sit down on the floor... then POP back up like Turaan!



**Turaan's friends sit in a big circle.
Amara, Kenji, Sofia, Eli, and Priya.
Everyone shares one thing they love.**

DO IT!

Tell a friend one thing you love!



**They hold hands and make one round circle.
No one is first. No one is last.
Everyone belongs!**

DO IT!

Hold hands with your friends and make a circle!



**In the garden, Turaan and his friends
dig, dig, dig, and plant tiny seeds.**

DO IT!

Pretend to dig with a shovel. Dig, dig, dig!



Buzz! Flutter! Zip!
Butterflies dance. Dragonflies zoom.
A ladybug lands on Turaan's finger.

DO IT!

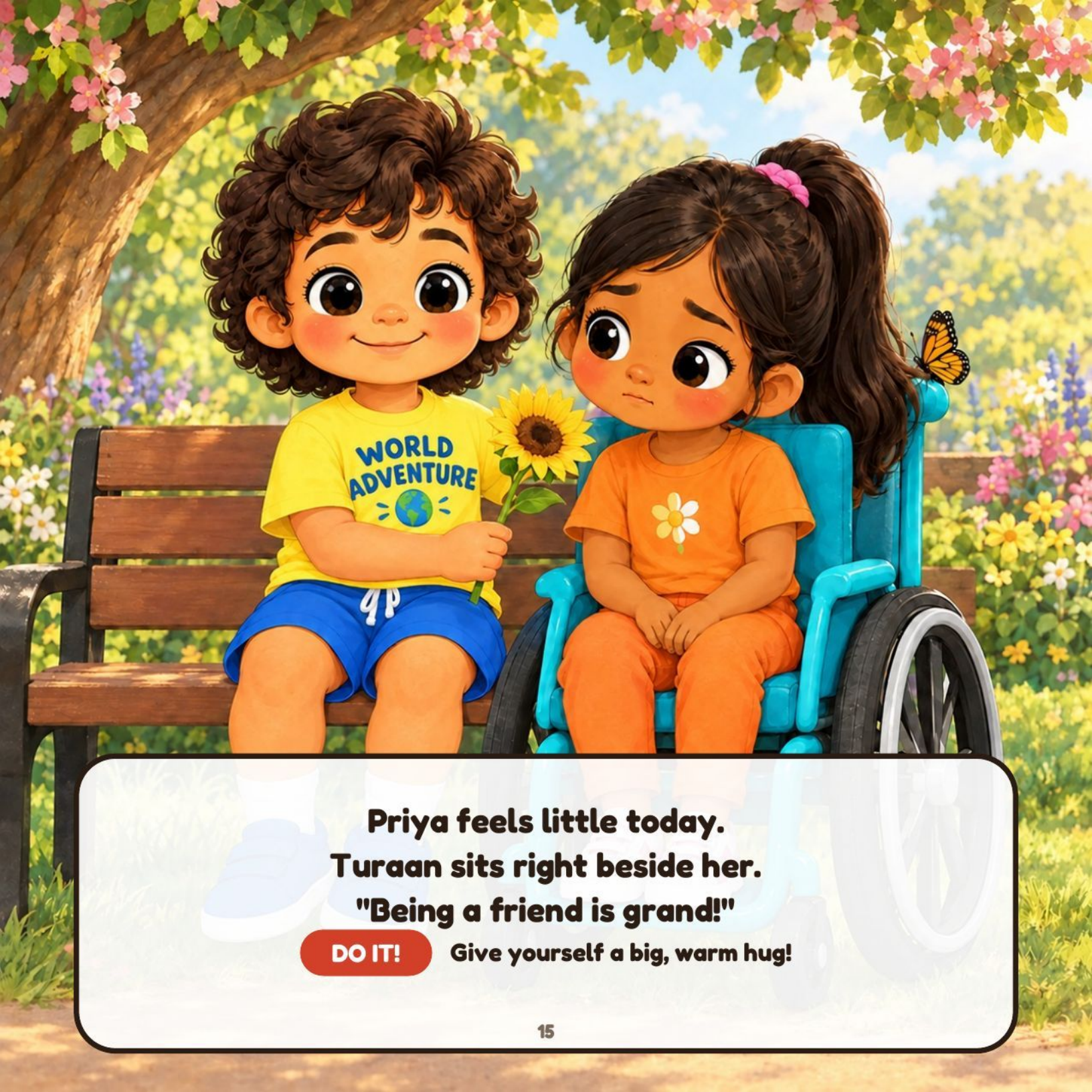
Hold your finger out very, very still... shhh!



**A little caterpillar munches a leaf.
Someday it will be a butterfly!
"Growing is grand!"**

DO IT!

Wiggle like a caterpillar... now flap like a butterfly!



**Priya feels little today.
Turaan sits right beside her.
"Being a friend is grand!"**

DO IT!

Give yourself a big, warm hug!



**Turaan looks around. Everyone is grand!
Big ones, little ones, every single one.**

DO IT!

Point to a friend and say: "YOU are grand!"



**Walking home, Turaan holds Mama's hand.
He tells her all about his grand day.**

DO IT!

Tell someone one grand thing you did today!



**Turaan isn't little anymore.
Turaan is Turaan, and Turaan is
GRAND!**

DO IT!

Biggest arms, biggest voice, all together now: "I AM GRAND!"



**Turaan looks up at the big, big sky.
The world is grand... and so is he.**

DO IT!

Reach up, up, up for the stars!



And every night, Turaan whispers it, soft and sure:

"I... am... grand."

DO IT!

Whisper it quietly with Turaan: "I am grand." Nighty-night.



Now it's YOUR turn!

What makes YOU grand?

Kind? Brave? A great helper? A good friend?

DO IT!

Stand up tall, spread your arms wide, and shout: "I am GRAND!"



Draw yourself being GRAND!

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by Jawad Yousofi

Turaan wakes up feeling very, very little. But with a great big stretch, a brave climb, a circle of friends, and a garden buzzing with butterflies, ladybugs, and dragonflies, he discovers something wonderful: he is **GRAND**, and so is everyone!

A read-aloud, move-along picture book with a DO IT! on every page.

